



Kick it Touch Members!

On your behalf a special deal has been negotiated with CITY PHYSIO to help keep your body in top condition!

CITY PHYSIO 10% Discount

Whether You

- Are suffering from a new injury
- Still feeling the effects of a lingering problem
- Want to prevent injury
- Want to be able to see the season out pain-free

We Have the Solution For You

- | | |
|---|---|
| 1) Biochemical Assessment | 5) Individualised rehabilitative programs |
| 2) Core stability training using real-time ultrasound | 6) Kinesio Taping |
| 3) Joint mobilisations | 7) Bowen Therapy |
| 4) Dry Needling | 8) Sports massage /soft tissue release |

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For further information please refer to www.cityphysio.biz